

From: [REDACTED]  
To: [secretariat@rtirc.gov.au](mailto:secretariat@rtirc.gov.au)  
Subject: microwave radiation is making many people very sick please help  
Date: Friday, 27 July 2018 4:33:15 PM

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<https://www.youtube.com/watch?v=J79Z4g6swv4>  
<https://www.youtube.com/watch?v=HBTQdNkEt1o>

## **Gday, my name is mark and I am ElectroMagnetic hyperSsensitive – EMS**

I am talking to you now because there was a point in time when I was disabled. A few years ago, 4 day migraines were tormenting my life. For 3 years I suffered while living in the city of Melbourne, around the year 2010. Within those 3 years I saw many doctors who insinuated this was made up of stress and fatigue. Mostly all of the migraines I suffered from disappeared when I was lucky enough to move into a blackzone in a town called 'Blackwood', on the border of the Lerderderg and wombat state forests. It was not my idea to move away from the city but instead a suggestion. When my migraines subsided I began to research effects of WIFI as WIFI was the only new thing I had brought into my surroundings. Prior to this I had no knowledge to the dangers of microwave radiation.

I also have a predisposition to sensitivities and this is *important* for you to know. I suffered before the increase of microwave radiation you see. Diagnosed more severe than celiac was a very difficult road. I've had symptoms to sensitivities since around the year 2000. Severe itchy skin, severe flatulence, Constant watery stools and the worst came from the malnourishment and not receiving minerals and vitamins from my food, which included my brain. These are all caused by the new condition celiac. After adopting a processed free and gluten free diet ALL of my symptoms disappeared. During that time I saw many doctors that all stated clearly, it was *psychosomatic*. The only reason I know now is due to my older sister and brother... they both began to have the same symptoms as me later in life and my older sister told me she found a doctor that stated I was more than likely to be more sensitive than celiac itself.

Professor Rodney Croft is testing EMS sufferers like me at this moment at the University of Wollongong. Principal Consultant Vitas Anderson of Two Fields Consulting is also talking publically over the media about this practice he openly calls 'a Nocebo Effect', They are collectively with us representing the nation and all who are suffering now which is claimed to be 3% of the population. Their views are that EMS is a *psychosomatic condition* and that a **Nocebo response** has been associated by the individuals as a reason for their many types of different conditions. Instead of just focusing on what the majority suffer from, which is an unusual, never ending headache. He also states that the patient can develop this Nocebo response, without even knowing the device or radiation was in the room or even present. He is publically insinuating that a Nocebo response can now happen even without the negative connotation or prior warning! I had no idea about any of this nonsense during my time of 3 years with life destroying migraines. Now I learn that Rodney is getting paid to claim it was a Nocebo response. But not just a Nocebo response. A response that requires no indication it was negative. **A warning is the very crux of a Nocebo response I was lead to believe.** So his theory is radical but one that you cannot ignore as I now believe after suffering with this condition that it becomes not only about the radiation but what the person responds to psychosomatically as well. A single frame line of thinking I believe is very destructive, non-relevant and a very unintelligent basic need to present microwaves as benign. This study mostly to what I am aware of is sitting EMS sufferers blindfolded and expecting them to 'sense' the

WIFI. **It is literally ridiculous.** Funded by the government and approved by the National Human Research Ethics Committee itself.

Let's look at far more superior real time study in effect during the last 2 years. Released in March 2018. The national toxicology program indicates again that small increases in tumours and DNA damage in some male rats. "Why the Largest Study Ever on Cellphones and Cancer Won't Settle the Debate" was an article released by the wall street journal sharing the same information. The study only went for 2 years. The rats were only exposed to a limited amount of emitters. In a real life situation, right now, we all know there are people sleeping on the other side of hundred or more of these devices which are releasing radiation directly beside them via a common wall. To inform in more detail, an apartment complex smart metre operation for instance. We both know you and me that in this case radiation levels are far worse for the subject to that indicated in this study. All that we need to do to protect that person is a simple aluminium insert into the wall itself. Between the person to the radiation. Simply denying microwave radiation causes harm is fast becoming an indication to a person's stability when it comes to rational lines of thought. The fact it harms people refers to our ethical code and speaks volumes about our care for other human beings when it comes to response.

I truly believe if the Australian Centre for Electromagnetic Bioeffects Research and Rodney croft does not reflect this new information immediately to our government honestly and correctly, they are harming these people directly.

More important things to know is the fact that microwave radiation cannot be read in levels of multiple outputs. One device emitting a level is going to read the same as an infinite amount of devices emitting the same level. Which means the absorption in public space is beyond understandable without further **easy** and regimented regulation. Just as cigarettes were when the proof like this new study came into fruition. The **WORLD HEALTH ORGANIZATION** has also recognised microwaves as a classification 2B which is a **possible carcinogen**.

There are a few other theories I have heard during my research into EMS other than a 'Nocebo response'. One other theory is the physics theory. 'Radiation is everywhere' one person tells me 'If you are sensitive to microwaves, why aren't you sensitive to the sun?' well this surely is worse than Rodney's Nocebo response. I am sensitive to the sun thank you very much. I don't like standing out in the sun and I regularly use something called 'the shade'. It comes from trees and buildings. I'm not going to bring the sunlight into my bedroom while I sleep and I'm not stupid enough to have it pour onto my naked skin all night. I wear clothes, you know... to protect me from it. Let's just forget people are saying radiation is everywhere so that Rodney and his team can have a bit more credit.

The next theory is the 'non-ionizing' theory. Most people will say to me, 'mark, it's non-ionising so it can't penetrate the skin. You have nothing to worry about'. Well... Tanning beds use UV(a) This gives people that great colour to their skin and also cancer if they want it bad enough. Most people who haven't researched this topic do not understand that UV (a) and UV (b) are also known as 'non ionising'. Those types of the same radiation are illegal now in this country due to cancer risks. But people who say this is nonsense, usually comes from Ultra violet being on the cusp of ionising radiation. Well it is on the cusp. But the least part of UV is the ionising part and it is far predominantly 'non ionising' so that is why scientists call it 'non ionising'. Basically saying that non-ionising radiation, like microwaves, is safe and benign... is just like saying that you must remove the electron from the cell completely before you start thinking it's harmful. That my friend is also completely absurd.

The last theory I have for you comes from ARPANSA themselves. Which is the Australian Radiation Protection Agency. After talking to their scientist for a while the quote that resonated clearest was something the gentleman referred to as a basis to believe microwave radiation is benign. He said and I quote “radio transmitter towers have been around for many years and nobody was sick then, why are you so worried now”.. End quote. I was hit by a sudden realization that all these professionals are clearly lacking not only an ethical compass but an intelligent one all the same. This is like saying, going into a pub and having one beer is the same as having 30. This is a theory that one stream of vocal data being sent by exerting radiation from two sources in order to receive the transcript is somehow the reasoning behind releasing an unregulated amount of devices which all do the same thing individually. Now at this time we see hundreds and thousands in public environments. This is as backwards thinking as it gets. Many people are relating this debate now similar to the toxic religious quotes about how a homosexual should not marry. They are baseless and destructive towards human intelligence as we know it. These are some fantastic documentaries I have found on the subject and I implore you to watch them all before you come to a decision about this topic.

#### **Australia >> the feed SBS**

<https://www.youtube.com/watch?v=03kcioDtu1s&t=2s>

#### **Generation Zapped (most current documentary)**

<https://www.youtube.com/watch?v=h7R4gKs8Vil>

#### **Take Back Your Power**

<https://www.youtube.com/watch?v=2uMfx-FsJiE>

#### **Resonance - Beings of Frequency**

[https://www.youtube.com/watch?v=h59ONN2hJ\\_k](https://www.youtube.com/watch?v=h59ONN2hJ_k)

#### **The truth about mobile phone and wireless radiation (Melbourne University)**

<https://www.youtube.com/watch?v=BwyDCHf5iCY>

#### **Wi-Fi Refugees**

<https://www.youtube.com/watch?v=KWMNTuIzqKo>

#### **Microwaves science and lies**

<https://vimeo.com/ondemand/17755>

#### **Wireless wake-up call**

<https://www.youtube.com/watch?v=FONEaPTu9oI>

#### **Stop wifi city**

<https://youtu.be/sMAFdakhyJo>

#### **The amount of 5G towers per street**

<https://www.facebook.com/EHTrust/videos/1792976387387484/>

#### **Proof that no regulations or health standards have been tested b4 releasing 5G**

<https://www.youtube.com/watch?v=Bwgwe01SIMc>

I believe it is important for you to know that 5G means the release of something called a ‘small cell’. These small cells are far more powerful to original mobile towers. Moving from high frequencies to something called **extremely high frequencies**. These towers are the size of a regular household fridge and will be placed on light poles and street poles. People in the field are claiming that 5G needs to place a ‘small cell’ down every street in order for it to work. The Federal Communications Commission Chairman Tom wheeler in America has given extremely disturbing speeches about how **no health regulation tests** will be done on this new upgrade and the fact that all people including rural and country properties will be covered by the end of the upgrade. ***I'm hoping Australia does not follow this insane proposition.*** Please listen and read and watch everything I have shared with you and open your eyes and mind and heart to the possibility this may

be allot of innocent individuals harmed in this great country. Awaken to the fact that 3% of population already need help to officialise EMS as real... so more may come forward and protect themselves from a life altering trauma. Start to proceed into more regulations now that can and will save lives. Simple regulations. Please help me.

**AUSTRALIAN Government 'Nocebo response research' Approved by -**

<https://www.nhmrc.gov.au/health-ethics/human-research-ethics-committees-hrecs>

**AUSTRALIAN 'Nocebo response on EMS Research by Rodney croft -**

<https://acebr.uow.edu.au/index.html>

**Australian Radiation protection -**

<https://www.arpansa.gov.au/>

**National toxicology report march 2018 -**

[https://ntp.niehs.nih.gov/ntp/about\\_ntp/trpanel/2018/march/tr595peerdraft.pdf](https://ntp.niehs.nih.gov/ntp/about_ntp/trpanel/2018/march/tr595peerdraft.pdf)

**'Wall street journal' -**

<https://www.wsj.com/articles/u-s-study-on-cellphone-radiation-wont-settle-debate-1517604284>

My last part is what you can do to limit and reduce your intake of this radiation to as zero as you possibly can be. This is for ALL **EMS** sufferers or for people who know them...

1. Buy an '**acoustimetre**' from EMR Australia. This measures radiofrequency radiation in your personal space.
2. **Move out of the city** if possible, if you can't do that... move to a house with a **backyard around the property**. If you can't do that and live in an apartment... Measure each common wall with an acoustimetre. Seal the walls which illuminate the orange and red lights on the metre with aluminium foil. Or if you own the apartment or just want a more seamless look you can paint that wall with **Y-Shield Shielding Paint HSF54**. This paint is VERY effective.
3. Have a computer supplied with internet by **Ethernet (LAN) cables** and *turn off your WIFI* at all times.
4. Turn off the wireless switch on your computer or inside the software.
5. Supply all your devices like an Iphone/Ipad/android with internet via Ethernet (LAN) Cables. This **CAN** be done with adapters.
6. For an iphone - lightning to usb 3 camera adapter and a USB ethernet adapter
7. **Use your device on airplane mode** and start to contact people via **VOIP** services only. Whatsapp allows you to call for free anywhere in the world but only to other Whatsapp users. Hangouts allow you to call from an existing mobile number to any number or landline.
8. **Update devices via Ethernet** instead of WIFI.
9. Demand '**reverse tethering**' when you buy a new phone. You could be easily using VOIP services in airplane mode. It could be possible to connect internet from your computer via USB if the companies just started to let you do that. Think how easy that would be to make no radiation calls from your smart phone.
10. **Remove all cordless phones (DECT) landlines and unplug the bases.** Change back to a corded phone with an extended cable.
11. **Buy a basic 3G PHONE with call and text only** if you need it for work. Just simply using these phones will greatly reduce your microwave absorption.
12. **Use air tube headsets by (tubeZ)**, normal wired headsets are worse for you as the radiation runs up the metallic wires.

13. **Run Ethernet cables to ALL rooms** that require them... purchase an Ethernet switch if you need more ports from your modem. If you own your house have Ethernet run through the walls... If you are building a house make sure every room has Ethernet ports as much as power supplies. If you are renting and have room mates... Run white Ethernet cables along the corners of walls and clip them down with white duct tape. You can get a new flat Ethernet cable which runs under doors and under carpet. You can do this very effectively on a budget as well.

14. Remove the **WIFI module** from your **smart TV**. You cannot switch the WIFI off inside the televisions options even though it says you can. Take it to your local TV technician. Your TV **will run Netflix via an Ethernet cable** even when the WIFI module is removed.

15. **Demand external WIFI switches on smart TV's** so we can turn off WIFI more easily.

16. **Locate your smart metre**. Do not sleep against the common wall from the other side. If you are in an apartment that is the most dangerous situation as there could be up to 100 or more.

17. **Cover common wall connected to smart metre**. Cover the metre itself. Use tin foil. Y-shield paint. Emergency foil blankets work too.

18. **Install an Ethernet router car kit**. You can effectively use a smart phone on airplane mode from inside your car. Talk to anyone over Google hangouts VOIP service and all other internet functions with NO radiation. All you need is an Ethernet port and a smart phone to Ethernet adapter. This may only work with android as the Iphone only supplies internet to smart your smart phones with power included and a car has only 12volts. This may or may not work for Iphone. I changed to an android and it works very well. The antenna is set at the back of the car on the roof and the radiation is reflected away from me. The router is located inside the glove box and presto. Completely radiation free. This technique is better than even using an air tube headset.

19. **Wingle and dongles** are internet USB sticks and can be extended into other rooms for up to 20 metres away from you. All you need is USB extension cord and a powered USB hub.

THANK YOU SO MUCH FOR TAKING THE TIME TO READ THIS INFORMATION ..

I hope it can help you or someone who is dear to you that may be suffering.

Marc >

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