Suicide is not entertaining!

As someone with a personal lived experience of suicide it is extremely distressing to be subjected to anything depicting or discussing suicide without any warning.
We can warn people about violence, sex and drugs but do not do so for suicide and to me this disgusting and we are leaving some of our communities most vulnerable people at risk for the sake of entertainment and profit.
I have lost my mother, grandfather, and son to suicide as well as surviving my own attempt so how do you think I feel when I try to relax with a movie and a random suicide is depicted retraumatising me for weeks.
My argument is not with censoring someone's artist endeavours but more with giving us the "left behind" the dignity to decide for ourselves if we choose to be retraumatised.
It is not up to me to decide if someone's film making skills are up to sharing a story without such content, but I am tired of having it forced upon me randomly.
I am not the only parent in this situation, and I am speaking on behalf of many others who are not strong enough to speak up.
I wonder if you put yourselves in our shoes if this would be a hard decision.
Some of us have found our children and given them CPR only to have to turn off life support a week later then donate their organs.
Can you imagine!!!!
Then we watch a movie like a Star is born and it transports us right back there without warning.
It is actually very dangerous as we are all extremely vulnerable after such a traumatic loss.
Do the right thing and put a warning on everything depicting or discussing suicide and give us the right to decide.
The mechanisms are in place already and it is one little coloured box to be added at the start of a movie or show and it will relive the distress of many.
Also include helpline numbers after and before such entertainment .

A decimated father Jon Eddy