



Australian Government

**Department of Infrastructure, Transport,
Regional Development, Communications and the Arts**



NOTICE TO COMMUNITY

Number: IOTA-2022-16

Date: 30 November 2022

Relevant: Christmas Island and Cocos (Keeling) Islands

Topic: IOT COVID-19 Weekly Update – 23 November to 29 November 2022

	Christmas Island	Cocos (Keeling) Islands
New Cases: (week)	0	2
Total Recovered Cases:	584	371
Cases in Hospital	0	0

COVID-19 is present in the community and mainland Australia is experiencing another wave of cases. People who are sick and particularly anyone with confirmed COVID-19 are strongly encouraged to stay home while they are symptomatic. The recommended time frame for confirmed COVID cases is five days or while your symptoms remain. So, if symptoms last longer, please stay away from others until your symptoms clear. Following infection, you should wear a mask in public for another week. People may still test positive on a RAT following infection - this is referred to as viral shedding – you are no longer infectious once symptoms have gone.

We encourage everyone to take precautions to protect others and stop the spread of COVID-19. Continue maintaining a safe distance from others and hold gatherings outdoors if possible. Practise good hand hygiene, wear a mask in public places, cover your coughs and sneezes, stay home if sick and get tested if you develop symptoms or have been in contact with someone recently infected with COVID-19.

Cases and close contacts will also be advised to stay away from the health service for seven days if they test positive – phone consultations can be offered as needed. In the event of a medical emergency, if you are COVID-19 positive, please inform the Health Service prior (if possible), or on arrival, to ensure additional protective infection control measures can be taken. IOTHS will continue to implement COVID controls and measures at the health service to protect staff and patients.

COVID-19 is a notifiable disease. Please register all cases with IOTHS not WA. Contact the health service if you require further information.

Christmas Island – 08 9164 8333

Cocos Keeling West Island Clinic – 08 9162 6655

Cocos Keeling Island Home Island Clinic – 08 9162 7609

<https://www.wa.gov.au/government/covid-19-coronavirus/covid-19-coronavirus-what-you-can-and-cant-do>