

YOU MAY BE IN AN ABUSIVE RELATIONSHIP IF THEY...

15 SIGNS THAT YOU MIGHT BE IN AN ABUSIVE RELATIONSHIP

15 Play the victim. If things go wrong, it's all your fault



1 Stop you seeing friends and family



2 Won't let you go out without permission



3 Tell you what to wear



4 Monitor your phone or emails



5 Control the finances, or won't let you work



6 Control what you read, watch and say



7 Monitor everything you do



8 Punish you for breaking the rules, but the rules keep changing!



9 Tell you it is for your own good, and that they know better



10 Don't allow you to question it



11 Tell you you're crazy, and no one agrees with you



12 Call you names or shame you for being stupid or selfish

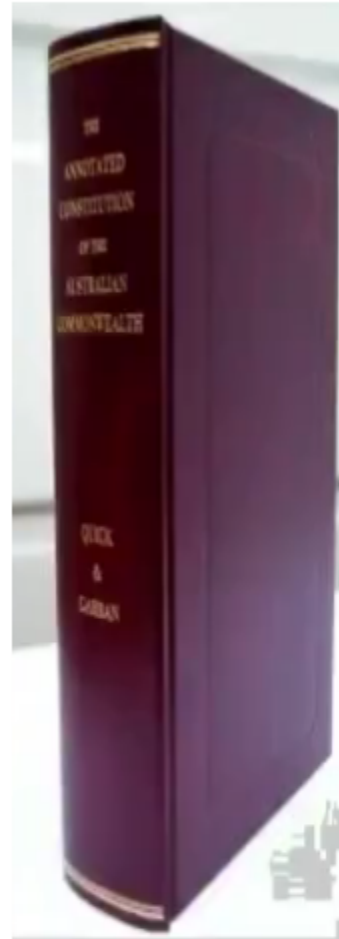


13 Gaslight you, challenge your memory of events, make you doubt yourself



14 Dismiss your opinions





Page 286

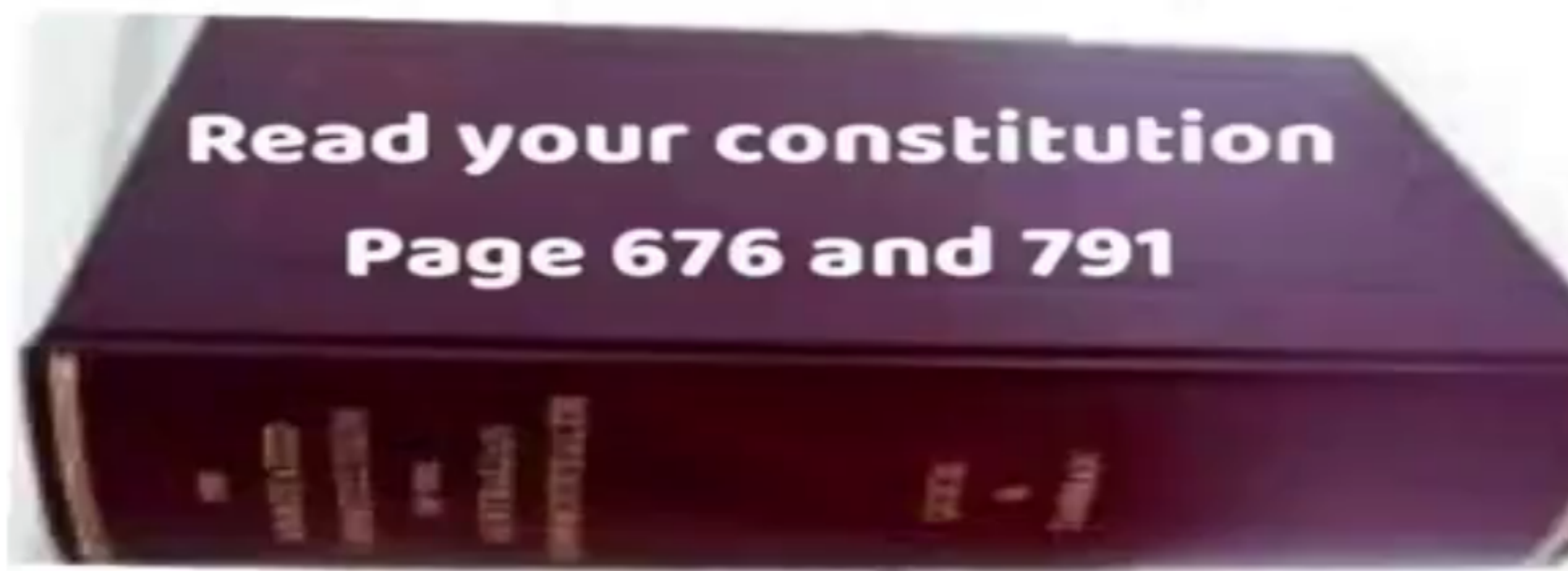
The supreme,
absolute and
uncontrolable
authority remains
with the people

Our Constitution

The People are Supreme and Sovereign

#NOT THE GOVERNMENT!

**They are there not to rule over you
They are there to rule for you**



**Read your constitution
Page 676 and 791**

#WayneGlew



Dropped
70,000 bombs
in 5 countries



Dropped
100,000 bombs
in 7 countries



Dropped at least
73,000 bombs



In prison